

PTA Global Mentorship 2

PTA Global has two unique and extensive 3-day Mentorships. The PTA Global Mentorship 2 is the advanced 3-day live experience within the PTA Global educational pathway. This live experience includes:

- 3 full days in San Diego filled with live interaction, education and enjoyment with the PTA Global co-founders – Scott Hopson, Bobby Cappuccio, Ian O’Dwyer, Michol Dalcourt and Rodney Corn
- Detailed application of all topics covered
- Comprehensive and practical systems to take away and use immediately
- Lunch and Dinner provided each day and eaten together as a group
- Specific hands-on training everyday plus daily workouts (‘playouts’) in a variety of settings (parks, pools and/or the beach) using different equipment such as ViPR & Polar Heart Rate Monitors
- Small class sizes – limited to ~20 students with 4-5 instructors
- Guest presentation by a leading industry educator such as Paul Chek, Greg Roskopf, Mark Verstegen and more...

The PTA Global Mentorship 2 is a 3-day hands-on experience designed for the individual who wants to take their education to next level. If you are someone who enjoys ‘doing’ things rather than talking about them and have a desire to become the best you can be, then this workshop is for you. Over the course of the 3 days, you will dive deep into the science and application of many topics such as:

1. Experience & Apply the concepts of **Bio-Tensegrity**, **Functional Biomechanics** and **Functional Anatomy**
2. Detail the power of the **Daily Readiness Observation (DR. O)** and then practice it in real-time
3. Discover the simplicity and beauty of the **MOVE Appraisal** – PTA Global’s 3-dimensional movement observation
4. Dig into the mastery of **Multi-Sensory Communication** and how it can transform your client/member interaction

All of these topics will be detailed and then integrated into hands-on practical experiences and ‘playouts’ designed to enhance your skill-set... in other words, you will learn by ‘doing’!

Learn and train by day; eat, socialize and continue learning by night as we spend each day together. The cost of the PTA Global Mentorship 2 does not include your airfare, hotel/airport transfers or accommodations (though a special room rate will be provided by the host hotel).

The only requirement to join us on this 3-day action-packed experience is that you either be currently in or have completed the PTA Global Advanced Course.